Duke of Edinburgh's Award

What is required for Bronze, Silver and Gold?



Bronze	Silver	Gold
Start between 14-23	Start between 15-23	Start between 16-23
Service	Service	Service
Chose one form of service and train and/or give practical service to others over 3 months.	Chose one form of service and train and/or give practical service to others over 6 months.	Chose one form of service and train and/or give practical service to others of at least 12 months
Expeditions	Expeditions	Expeditions
After basic training including one practice journey, plan and carry out a two day venture in normal country including one night camping. Complete an expedition covering a minimum of 24 km (15 miles) on foot. Expeditions on horseback, cycle or by canoe or boat can also be	After basic training including two practice journeys (one if you have your bronze), plan and carry out a three day venture in unfamiliar country including two nights camping. Expedition - Complete an expedition covering a minimum of 48 km (30 miles) on foot.	After basic training including three practice journeys (one if you have your silver), plan and carry out a four day venture in wild country including three nights camping. Expedition - Complete an expedition covering a minimum of 80 km (50 miles) on foot.
undertaken.	or Exploration - Complete an Exploration spending more time on a study or activity during the journey. Expeditions on horseback, cycle or by canoe or boat can also be undertaken.	Exploration - Complete an approved study or other activity in wild or open country including at least ten hours journeying. or Other Adventurous Project - Complete some other approved adventurous project of an equally, or more demanding nature. In each case there should be an average of eight hours of planned activity each day. Expeditions on horseback, cycle or by canoe or boat can also be undertaken.
Skills	Skills	Skills
Choose a hobby or topic to study or some other leisure interest; follow it regularly for six months and improve your skill or knowledge.	Choose a hobby or topic to study or some other leisure interest; follow it regularly for 12 months (six months if you have your bronze) and improve your skill or knowledge.	Choose a hobby or topic to study or some other leisure interest; follow it regularly for 18 months (12 months if you have your Silver) and improve your skill or knowledge. You can if necessary change your choice during this period.
Physical Recreation	Physical Recreation	Physical Recreation
Take up a physical activity for at least six weeks, reach a given standard or show improvement.	Take up a physical activity for at least six weeks, reach a given standard or show improvement.	Take up a physical activity for at least six weeks, reach a certified standard or show improved performance.
Residential Project	Residential Project	Residential Project
Not Required	Not Required	Undertake a purposeful enterprise involving volutary service or training away from home over a period of at least five days.